# PSHE Curriculum Overview

Royton Hall Primary School

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| Nursery | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| Reception | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| Year 1 | What is the same and different about us?<br><br>RSE material-me and my friends- To know what it means to be a good friend | Who is special to us? | What helps us stay healthy? | What can we do with money? | How can we look after each other and the world? | Who helps to keep us safe? |
| Year 2 | Zippy Module 1<br>Feelings<br><br>How do we recognise our feelings? | Zippy Module 2<br>Communication<br><br>What is Bullying?<br><br>Anti-Bullying Week<br><br>RSE material- my little book of manners. To understand the importance of manners. | Zippy Module 3<br>Making and breaking relationships<br><br>What makes a good friend?<br><br>Safer Internet Day | Zippy Module 4<br>Solving problems<br><br>What can help us grow and stay healthy? | Zippy Module 5<br>Dealing with change and loss<br><br>What jobs do people do? | Zippy Module 6<br>Moving forward<br><br>What helps us to stay safe? |
| Year 3 | What are families like?<br><br>Apple- Module 1<br>Introductions and agreement<br><br>Our feelings<br><br>How to feel better | What makes a community?<br><br>Apple- Module 2<br><br>Listening skills<br><br>Saying what you want to say | How can we be a good friend?<br>To understand what makes a good friend and what friendship means<br><br>Apple- Module 3<br><br>What makes a good friend? | What keeps us safe?<br><br>Apple- Module 4<br><br>Who can help me?<br><br>Steps to help a solution | Why should we eat well and look after our teeth?<br><br>Apple Module 5<br><br>Change is part of life<br><br>Different types of change | Why should we keep active and sleep well?<br><br>Apple Module 6<br><br>Dealing with disappointment |

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| | | Speaking in different situations | Coping with loneliness and rejection<br><br>Problems between friends<br><br>Complete the story 'new neighbours'<br><br>(RSE material- making friends). | Contract against bullying<br><br>Complete the story 'Big kids football' | Coping with a loss<br><br>Complete the story 'Tommy's holiday' | Ways to cope with worry<br><br>Complete the story 'End of the holidays'. |
| Year 4 | What strengths, skills and interests do we have? | How do we treat each other with respect? (RSE materials- Respecting differences) To understand the need to respect differences, accept our differences and strengthen our uniqueness | How can we manage our feelings? | How can drugs common to everyday life affect health? | How can our choices make a difference to others and the environment? | How can we manage risk in different places? |
| Year 5 | What makes up our identity?<br><br>Passport- module 1<br><br>Emotions | What decisions can people make with money? | How can we help in an accident or emergency?<br><br>Passport- module 2<br><br>Relationships and helping each other | How can friends communicate safely?<br><br>Passport- module 3<br><br>Difficult situations | What jobs would we like?<br><br>Passport- module 4<br><br>Fairness, justice and what is right<br><br>RSE Material- Friendship cookies/ manifesto.<br><br>RSE materials- Keeping safe | How will we grow and change?<br><br>Passport- module 5<br><br>Change and loss |
| Year 6 | How can we keep healthy as we grow?<br>RSE Materials: Getting Consent (P64), Happy and Safe Relationships (P40) | | How can the media influence people?<br>To understand the effects of bullying on others (RSE material- Ant bullying week). | | What will change as we become more independent?<br>To understand that stereotyping is a type of prejudice (RSE materials- What is a stereotype). | |

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| | | | How do friendships change as we grow? |