

# PE Curriculum Overview (2025-2026)



Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Games : Unit 1	Dance : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Games : Unit 2	Dance : Unit 2	Ball Skills : Unit 2
Year 1	Athletics	Sending and Receiving	Yoga	Target Games	Dance	Net and Wall Games
Year 1/2	Athletics	Sending and Receiving	Yoga	Target Games	Dance	Net and Wall Games
	Year 2 Swimming	Year 2 Swimming	Year 2 Swimming	Year 2 Swimming	Year 2 Swimming	
Year 2	Athletics	Sending and Receiving	Yoga	Target Games	Dance	Net and Wall Games
	Year 2 Swimming	Year 2 Swimming	Year 2 Swimming	Year 2 Swimming	Year 2 Swimming	
Year 3	Fitness	Ball Skills Y3/4	Dance	Handball	Yoga	Cricket
Year 3/4	Fitness	Ball Skills Y3/4	Dance	Handball	Yoga	Cricket
Year 4	Fitness	Ball Skills Y3/4	Dance	Handball	Yoga	Cricket
Year 5	Fitness	OAA	Dance	Tag Rugby	Gymnastics	Badminton Y5/6
Year 6	Fitness	OAA	Dance	Hockey	Gymnastics	Tennis
						Year 6 Swimming