

Too ill for School?

Children can't help being sick. Sometimes they have an illness that will require time off school and/or a visit to the doctor but taking regular days off soon adds up.....



Send me to school if

- I have a runny nose, cough or cold
- I feel sick (if I am unwell school will phone home)
- I haven't been physically sick or had diarrhoea in the last 48 hours
- I have a slight temperature (parents are welcome to come to school before or after lunch to give their child paracetamol.)
- I have headlice (please treat before coming to school)
- I am on antibiotics (school can administer a dose during the day if they are prescribed 4x a day and are clearly labelled)
- Headache / tummy ache



Keep me at home if

- I have a sickness bug (can return 48 hours after the last episode)
- I have diarrhoea (can return 48 hours after the last episode)
- I have a severe temperature
- I am genuinely poorly
- I have an illness that prevents me from coming to school

It can be tricky deciding whether or not to keep your child off school when they're unwell. Please contact school for advice and guidance if you are unsure whether or not to keep your child off school.