





ROYTON HALL PRIMARY SCHOOL LUNCH MENU AUTUMN/WINTER 2024/2025



Menu begins with week 1 on Tuesday 5th November 2024

We serve a selection of North West locally sourced seasonal produce within our menu cycle. A freshly prepared salad bar, jacket potatoes, wholemeal bread, seasonal fruits and yoghurts are available to accompany meals daily. Additionally, there is a sandwich selection available.


WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday Meat Free Day
Bangers "N" Mash Country Vegetable Rolls Crunchy Potatoes Peas/Baked Beans Jacket Potato with Various Fillings. Salad Bar	Chicken & Lentil Curry, Rice & Naan Msc Fish Fingers  Herby Diced Potatoes Broccoli & Sweetcorn Jacket Potato with Various Fillings Salad Bar	Roast Chicken & Stuffing Vegetables & Tomato Pasta with Garlic Bread Creamed/Roast Potatoes Carrots/Cauliflower Jacket Potato with Various Fillings Salad Bar	Meat & Potato Pie & Beetroot Quorn & Potato Pie Msc Salmon Fishcake  Potato Wedges Sweetcorn/Mushy Peas Jacket Potato with Various Fillings Salad Bar	Wholemeal Cheese & Tomato Pizza Chickpea, Sweet Potato and Spinach Curry with Rice Chunky Chips Peas/Sweetcorn Jacket Potato with Various Fillings Salad Bar
Mixed Fruit Flapjack Organic Yoghurt/Fresh Fruit	Rice Pudding with Sultanas Organic Yoghurt/Fresh Fruit	Fruity Mousse Organic Yoghurt/Fresh Fruit	Cinnamon Bun Muffins Organic Yoghurt/Fresh Fruit	Oaty Biscuits Organic Yoghurt/Fresh Fruit



WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday Meat Free Day
Meat & Vegetable Crumble Oven Baked Fish  Creamed Potatoes Peas/Baked Beans Jacket Potato with Various Fillings. Salad Bar	Chicken & Vegetable Cobbler Vegetarian Meatballs in a Spicy Tomato Sauce with Pasta Garlic & Herb Wedges Peas /Sweetcorn Jacket Potato with Various Fillings Salad Bar	Traditional Roast Beef & Yorkshire Pudding Cheese & Onion Pie Creamed Potatoes/Roast Potatoes Carrots/Broccoli Jacket Potato with Various Fillings Salad Bar	Spaghetti Bolognese/Quorn Bolognese & Garlic Bread Fish Finger Muffin  Potato Hash Rounds Beans/Sweetcorn Jacket Potato with Various Fillings Salad Bar	Deep Pan Italian Style Pizza Vegetable Quiche/Vegetable Ravioli Chunky Chips Peas/Sweetcorn Jacket Potato with Various Fillings Salad Bar
Freshly Baked Carrot Cake Organic Yoghurt/Fresh Fruit	Fruit Crumble and Custard Organic Yoghurt/Fresh Fruit	Fruit Jelly Organic Yoghurt/Fresh Fruit	Crunchy Shortbread Fingers Organic Yoghurt/Fresh Fruit	Frozen Fruit Yoghurt Organic Yoghurt/Fresh Fruit

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday Meat Free Day
Oven Baked Sausage/Quorn Macaroni Cheese with Bread Roll	Meat & Potato Pie & Beetroot Crispy Cod in Crumb 	Roast Chicken & Stuffing Cheese & Potato Parcels	Beef Stew & Dumplings Assorted Dim Sum	Cheese & Tomato Pizza Quorn Keema Curry with Rice
Creamed Potatoes/Spicy Wedges Peas/Baked Beans	Herby Diced Potatoes Sweetcorn/Mushy Peas	Creamed/Roast Potatoes Carrots/Broccoli	Braised Rice/Potato Wedges Sweetcorn/Peas	Chunky Oven Chips Baked Beans/Peas
Jacket Potato with Various Fillings. Salad Bar	Jacket Potato with Various Fillings Salad Bar	Jacket Potato with Various Fillings Salad Bar	Jacket Potato with Various Fillings Salad Bar	Jacket Potato with Various Fillings Salad Bar
Iced Fruit Sponge Fingers Organic Yoghurt/Fresh Fruit	Creamy Rice Pudding with Jam Organic Yoghurt/Fresh Fruit	Fruit Flapjack Organic Yoghurt/Fresh Fruit	Fruity Angel Whirl Organic Yoghurt/Fresh Fruit	Assorted Biscuits Organic Yoghurt/Fresh Fruit

WEEK 4

Monday	Tuesday	Wednesday	Thursday	Friday Meat Free Day
Pork Meatballs in Tomato Sauce with Pasta Fish Fingers 	Chicken Balti & Rice & Naan Cheese & Onion Pie Crunchy Potatoes Sweetcorn/Baked Beans	Braised Steak & Onions Oven Baked Fish 	Chicken Burger on a Bun Tomato and Mascarpone Pasta with Garlic Bread	Wholemeal Cheese & Tomato Baguette Vegetable Lasagne/Mushroom Risotto
New Potatoes Sweetcorn/Peas	Jacket Potato with Various Fillings Salad Bar	Creamed Potatoes/Roast Potatoes Carrots/Broccoli	Potato Wedges Peas/Sweetcorn	Chunky Chips Baked Beans/Sweetcorn
Jacket Potato with Various Fillings Salad Bar	Jacket Potato with Various Fillings Salad Bar	Jacket Potato with Various Fillings Salad Bar	Jacket Potato with Various Fillings Salad Bar	Jacket Potato with Various Fillings Salad Bar
Raspberry Rounds Organic Yoghurt/Fresh Fruit	Zesty Lemon Sponge and Custard Organic Yoghurt/Fresh Fruit	Fruit Jelly Organic Yoghurt/Fresh Fruit	Homemade Bakewell Slice Organic Yoghurt/Fresh Fruit	Ginger Biscuits Organic Yoghurt/Fresh Fruit

If you require information regarding ingredients in respect of food allergies and intolerances - PLEASE ASK.

We serve a range of organic, local and fair trade produce and high welfare chicken, meat and eggs. All our fish is on the MSC list.

75% of our dishes are freshly prepared and cooked in our school kitchen by highly trained catering staff. Nutritional guidelines are strictly followed and we do not include GM ingredients or undesirable food additives or hydrogenated fats.

Vegetarian, cultural and special dietary needs can be catered for upon request. Some information is displayed on the origin of produce.



