

PSHE Curriculum Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<p>Think Equal Me, Myself and I Is There Anyone Like Me? Amazing Daisy Healthy Minds A The Colour Poem</p> <p>Rules and Routines</p> <p>Friendship How can I be a good friend?</p> <p>Healthy Lives How can I look after myself? <i>Handwashing</i></p>	<p>Think Equal How We Feel Wally the Wave Healthy Minds B I Have a Plan The Wall The Tale of Baby Beetroot Lara the Yellow Ladybird</p>	<p>Think Equal My Voice Healthy Minds C Kitchi's Moccasins Helping Hands Diego's Great Idea Head, Heart and Hands</p> <p>Healthy Lives How do I look after myself? <i>Independence (Putting on coat and wellies)</i> <i>Online Safety</i></p>	<p>Think Equal My Amazing Brain Healthy Minds D Home A Time to Be Noisy</p> <p>Healthy Lives How do I keep myself healthy? <i>Oral Health</i></p>	<p>Think Equal I Love My Planet Anjali's Kite Healthy Minds E Sizwe's Smile</p> <p>Healthy Lives How do I keep myself healthy? <i>Healthy Eating</i></p>	<p>Think Equal My Special Hair Mum Loves Me So Much/Dad Loves Me So Much Healthy Minds F Caring Animals</p>
Reception	<p>Think Equal Marvellous Me These Feelings The Weather Inside Me! Exploring Kindness Ted the Tiger Tamer</p> <p>Rules and Routines Why do we have rules?</p> <p>Friendship How can I be a good friend?</p>	<p>Think Equal The Secret Adventures of Anonymouse Curly the Chameleon Practising and Recognising Kindness Ahmed's Journey Faisal's Not Himself Biyu the Brave Pea Thabo and the Trees</p> <p>Healthy Lives</p>	<p>Think Equal Exploring Sensations Passing Clouds Yoshi is Different Nisha and the Tiger Francisco's Family Help Now!</p> <p>Healthy Lives How do I keep myself healthy? <i>Independence (Zips, Velcro etc)</i> <i>Online Safety</i></p>	<p>Think Equal Zelda Goes on Holiday The Monster in the Smoke Nothando's Journey Reha to the Rescue</p> <p>Healthy Lives How do I keep myself healthy? <i>Sleep and Rest</i> <i>Oral Health</i></p>	<p>Think Equal My Amazing Brain A A Tiny Seed: The Story of Wangari Maathai My Amazing Brain B Our Home</p> <p>Healthy Lives How do I keep myself healthy? <i>Healthy Eating</i> <i>Hygiene</i></p>	<p>Think Equal Gokul's Game My Dream in the Drawer Sydney the Seahorse Deji and Nnedi and the Very Large Cushion</p>

<p>Year 1</p>	<p>Healthy Lives How can I look after myself? <i>Handwashing</i> <i>Toileting</i> <i>Eating/Drinking</i></p>	<p>How do I keep myself safe? <i>Road Safety</i></p>	<p><i>Exercise</i></p>			
<p>Year 2</p>	<p>What is the same and different about us?</p>	<p>Who is special to us?</p>	<p>What helps us stay healthy?</p>	<p>What can we do with money?</p>	<p>Who helps to keep us safe?</p>	<p>How can we look after each other and the world?</p>
<p>Year 3</p>	<p>How do we recognise our feelings? (RSE material)</p>	<p>What is bullying?</p>	<p>What makes a good friend?</p>	<p>What helps us grow and stay healthy?</p>	<p>What jobs do people do?</p>	<p>What helps us to stay safe?</p>
<p>Year 4</p>	<p>How can we be a good friend?</p>	<p>What keeps us safe?</p>	<p>What are families like?</p>	<p>What makes a community?</p>	<p>Why should we eat well and look after our teeth?</p>	<p>Why should we keep active and sleep well?</p>
<p>Year 5</p>	<p>What strengths, skills and interests do we have?</p>	<p>How do we treat each other with respect?</p>	<p>How can we manage our feelings?</p>	<p>How will we grow and change?</p>	<p>How can our choices make a difference to others and the environment?</p>	<p>How can we manage risk in different places?</p>
	<p>What makes up a person's identity?</p>	<p>What decisions can people make with money?</p>	<p>How can we help in an accident or emergency?</p>	<p>How can friends communicate safely?</p>	<p>Growing and changing- puberty</p>	<p>What jobs would we like?</p>

Year 6

How can we keep healthy as we grow?

How can the media influence people?

What will change as we become more independent? How do friendships change as we grow?